

18 March, 2015

Dear All,

This is to announce to you that HKAPSAC will conduct the annual training for 2015 and 2016. This is an opportunity to attend excellent workshops and socialize with other participants for a very modest fee. Also, it is the opportunity for the certified addiction counselors to gain CEUs hours for the certification renewal. Information on the workshops as well as the process for registration, please find the below documents.

HKAPSAC workshops are grouped into three primary categories: Basic, Intermediate and Advanced. It is recommended that certified Counselors attend all the workshops but if you are new to the field, we recommended you only take the Basic and Intermediate workshops until you have become a Certified Alcohol Drug Counselor (ADC). Furthermore, for the non-certified participants, it is recommended that all Basic workshops be taken before taking any Intermediate workshops. All the CEU that taken under HKAPSAC are count toward for taking the certification exam. HKAPSAC also provides workshops for preparing professionals to take the ADC Written Exam.

Within the workshop's description and in the workshop's listing by date and location, you will find the following identifications:

B = Basic, I = Intermediate, A = Advanced and S = Speciality.

Please free to command on the workshop topic. If you have any feedback, please send to use before March 31, 2015.

Thank you very much



Dr. Benny Lam, HKAPSAC Secretary



Hong Kong Association of Professionals Specializing in Addiction Counseling

HKAPSAC Addictions Training

Annual Workshop

Reservations Form:

Last Name: _____ First Name: _____ MI: _____

Mailing Address: _____

Date of Birth: ____/____/____

(Please fill in your ID Number or Passport Number: If HKAPSAC already has this information, fill in only the last four digits, so we can confirm your identity for the award of contact hours.)

ID or PPN: _____ Gender: ____ Male ____ Female

Work Phone: (____) _____ Home Phone: (____) _____

Work Fax: (____) _____ Email: _____

Registration for Annual Workshop:

Please Check the days you plan to attend:

2015

_____ April	Member HKD_1000_____	Non-Member HKD _1200_____
_____ July	Member HKD_1000_____	Non-Member HKD _1200_____
_____ October	Member HKD_1000_____	Non-Member HKD _1200_____
_____ December	Member HKD_1000_____	Non-Member HKD _1200_____

2016

_____ March	Member HKD_____	Non-Member HKD _____
_____ June	Member HKD_____	Non-Member HKD _____
_____ September	Member HKD_____	Non-Member HKD _____
_____ November	Member HKD_____	Non-Member HKD _____

Total Payment enclosed:

_____ (Member) _____ (Non-member)

Mail registration form with payment made out to "Hong Kong Association of Professions Specializing in Addiction Counselling Limited" to:

HKAPSAC

Room 401, Hong Kong Pacific Centre,

28 Hankow Road, Tsimshitsui,

Kowloon, Hong Kong



Hong Kong Association of Professionals Specializing in Addiction Counseling

Workshop Descriptions

(B)=Basic (I)=Intermediate (A)=Advanced (S)=Specialty

Core Workshop 1 - Screening, Intake, Orientation and Assessment

Trainer:

(B) This workshop will acquaint counselors with the competencies necessary to perform an accurate screening, intake, orientation and assessment. Among issues to be discussed are how to screen for toxicity, how to identify withdrawal, how to identify danger to others, how to determine a client's readiness for treatment and how to document assessment findings and treatment recommendations.

Date/Location/Registration Code/CEUs:

April, 2015: Hong Kong, (B) 001, 2.5

Cognitive-Behavioral and Reality Therapies: Theory and Practice

Trainer:

(I) This workshop will examine two theoretical approaches popular in addictions counseling: Cognitive-Behavioral Therapy (CBT) and Reality Therapy. Cognitive-Behavioral Therapy is an action-oriented form of Psychosocial Therapy that assumes that maladaptive, or faulty, thinking patterns cause maladaptive behavior and "negative" emotions. Reality Therapy is a problem solving method that works well with people who are experiencing problems they want help solving, as well as those who are having problems and appear resistant to assistance. Participants will be presented a brief didactic view of each theory and then engage in role plays using each technique with clients.

Date/Location/Registration Code/CEUs:

July, 2015: Hong Kong (I) 001, 2.5

Family Systems

Trainers:

(B) This workshop will introduce participants to family systems, family counseling and the importance of working with the family unit. Some basic interventions, strategies and techniques of family counseling will be discussed.

Date/Location/Registration Code, CEUs:

October, 2015: Hong Kong, (B) 002, 2.5



Hong Kong Association of Professionals Specializing in Addiction Counseling

Clinical Supervision – I

Trainer:

(S) This workshop will address the supervision tasks related to Domain 1 – “Counselor Development” of the IC&RC/AODA certification curriculum.

Date/Location/Registration Code/CEUs:

December, 2015: Hong Kong, (S) 001, 2.5

2016

Pharmacology Basics

Trainer:

(B) This workshop will cover the basics of pharmacology and is targeted for counselors in training (CITs), as well as individuals new to the field of drug abuse and addiction issues. The workshop will cover basic information on how drugs work in the body, and the fundamentals of the three broad categories of drugs resulting in abuse and addiction. These include those categorized as depressants (alcohol, barbiturates, benzodiazepines), stimulants (caffeine, ephedrine, amphetamines and cocaine), and confuse-ants (marijuana, ecstasy, LSD, etc). Great depth will not be the goal, but rather a broad overview of the general aspects of how these drugs alter thinking, feeling, and behavior.

Date/Location/Registration Code, CEUs:

March, 2016: Hong Kong, (B) 003, 2.5

Relapse Prevention

Trainer:

(B) This workshop will focus on the aspects of preventing relapse. Emphasis will be placed upon completing a comprehensive assessment of relapse for each client, relapse warning signs and developing a revised recovery plan to address relapses.

Date/Location/Registration Code, CEUs:

June, 2016: Hong Kong (B) 004, 2.5



Hong Kong Association of Professionals Specializing in Addiction Counseling

Co-Occurring Psychotic and Anxiety Disorders

Trainer:

(I) This workshop will focus on the co-occurring disorders of psychotic and anxiety disorders. We will explore the DSM IV TR/ DSM V diagnostic criteria of selected anxiety and psychotic disorders, risk factors for co-occurrence, and treatment approaches appropriate for these individuals. The workshop will be structured to highlight psychotic disorders in the morning and anxiety disorders in the afternoon.

Date/Location/Registration Code:

September, 2016: Hong Kong, (I) 002, 2.5

Posttraumatic Stress Disorder

Trainer:

(A) Some people who experience traumatic events may eventually develop a disorder called Posttraumatic Stress Disorder or PTSD. It is common for individuals with PTSD to also develop problems with alcohol and drug use. Alcohol and drug use can interfere with standard treatments for PTSD. This workshop will review specific factors that increase risk for the development of PTSD following a traumatic event; examine factors that “protect” people from developing PTSD after a traumatic event; and some treatment considerations.

Date/Location/Registration Code, CEUs:

November, 2016: Hong Kong (A) 001, 2.5